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## Mental Health Awareness Week (MHAW) 10/26 - 10/30

**MHW Committee Chair:** Alice Liu ([alice.x.liu@uky.edu](mailto:alice.x.liu@uky.edu))

The Graduate Student Congress is hosting a series of virtual events this week to celebrate “Mental Health Awareness Week” (MHAW). The purpose of MHAW is to educate graduate and professional students and postdocs on the mental health resources available to them at UK, to provide opportunities for these individuals to engage in self-care and find support among peers, and to encourage everyone at UK to prioritize their mental health needs. The GSC understand the importance of graduate students’, professional students’, and postdoctoral scholars’ mental health, especially given that these individuals are 6 times more likely to experience symptoms of depression or anxiety than the general population.

The following are upcoming events for the remainder of Mental Health Awareness Week:

### Thursday (10/29)

5:00 p.m. – “Let’s Talk” with UKCC’s [Dr. Alyssa Frye, Psy.D.](#)

### Friday (10/30)

1:00 p.m. – Resource Fair with [UKCC](#) and more! \*

1:00 p.m. – “Let’s Talk” with UKCC’s [Dr. Nathaniel Hopkins, Ph.D.](#)

3:00 p.m. – “Understanding Self and Others” (USO) Group for Graduate and Professional Students with [UKCC](#)

Check out the GSC’s [website](#) for more information about these sessions and to find a Zoom link for each of the GSC (\*) sponsored events! As always, if you have any questions about MHAW 2020 or want to speak with a member of the GSC about another concern, please do not hesitate to email us at [gsc@uky.edu](mailto:gsc@uky.edu) and someone from the Leadership Team will respond within 48 hours.

Thank you,  
*The GSC Leadership*

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## PDO Workshop Notice: Grant Seeking and Writing for Graduate Students

Join the Proposal Development office for an hour-long workshop on how to find grants and fellowships, on successful grant-seeking tactics, and a brief introduction to the basics of grant writing for graduate students.

**Tuesday, November 10, 2020 at 1:00 p.m. (Zoom)**

Open to all UK Graduate Students and Faculty.

[To register, click here.](#)

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# Graduate Student Professional Development Courses

## SPRING 2021

The following courses may be taken as stand-alone courses or can be stacked for a Graduate Certificate in College Teaching and Learning. Information about Preparing Future Faculty/Professionals, including comments from alumni, can be found here: [https://gradschool.uky.edu/sites/gradschool.uky.edu/files/PFF%20Brochure\\_SCREEN%20VIEW.pdf](https://gradschool.uky.edu/sites/gradschool.uky.edu/files/PFF%20Brochure_SCREEN%20VIEW.pdf). Further details about the Graduate Certificate in College Teaching and Learning curriculum are here: <http://gradschool.uky.edu/graduate-certificate-college-teaching-learning>. See notes at bottom about requesting concurrent enrollment with XXX767.

### **GS 600: Special Topics: PREPARING FUTURE PROFESSIONALS (2 credit hours)** **Thursdays, 5:00-7:00 p.m., Online (via Zoom)**

**Instructor:** Dr. Nathan Vanderford

Introduces graduate students and postdoctoral scholars and fellows to various career paths. Students explore careers paths, develop an understanding of what is needed to transition into selected careers, identify resources that can aid in obtaining a job within a chosen career path, and develop action plans that will prepare them to transition into a career path of interest. Students have the opportunity to interact with a number of guest speakers from a variety of different career paths or who are career development experts. Prerequisite: Graduate student standing.

### **GS 610: SEMINAR IN COLLEGE TEACHING (1 credit hour)** **Wednesdays, 5:30-6:30 p.m., Online (via Zoom)**

**Instructor:** Dr. Ashley Sorrell

Addresses a wide range of teaching and learning issues in the college classroom. Intended for graduate students who want to prepare for future academic careers and enhance current teaching activities. Focuses on making teaching and learning more effective, efficient, and creative. Developing effective teaching strategies early in one's career can reduce the time and stress associated with teaching, free up time for other scholarly work and collegial interactions, produce positive student evaluations, and, most importantly, enhance student learning. Prerequisite: Graduate student standing.

### **GS 630: INSTRUCTIONAL TECHNOLOGY (1 credit hour)** **Tuesdays, 4:00-5:00 p.m., Online (via Zoom)**

**Instructor:** Dr. Mike Wallace

Addresses pedagogically sound and effective applications of instructional technologies (IT) in college teaching. Course goals include examining the impact of IT on learning outcomes, teaching strategies, and instructional assessments; developing proficiency in creating slide decks, designing and managing instructional websites, facilitating digital dialogue, and conducting distance learning courses; and considering how IT affects faculty roles and responsibilities, the nature of the college classroom, and the future of higher education.

### **GS 650: PREPARING FUTURE FACULTY (2 credit hours)** **Thursdays, 5:00 to 7:00 p.m., Online (via Zoom)**

**Instructor:** Dr. Jeffery Bieber

Offers an in-depth exploration of the roles and responsibilities of college and university faculty across the spectrum of institutional types. Focuses on the academic expectations, institutional identities, and particular policies and procedures that characterize different types of institutions of higher learning. Students in this course engage in discussion with an array of faculty and administrators. Applying for faculty positions and achieving early success in faculty appointments will be addressed. Prerequisite: Graduate student standing.

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## Outstanding Staff Nominations

Every year, the University of Kentucky Staff Senate recognizes and acknowledges staff associates with the presentation of the 2020 Outstanding Staff Awards. This year had a huge number of nominees and the award winners and nominees can be found at <https://www.uky.edu/staffsenate/outstanding-staff-awards>

Cleophus Price, Assistant Dean in Academic Services and DEI officer for the Graduate School, was nominated by Brittany Rice, a doctoral candidate in Nutritional Sciences. Congratulations to Cleo on being nominated and affirmed for the outstanding support you have provided our students at UK!

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## Start to Finish Mentoring Program

The Mentorship Program for students from marginalized communities begins in November 2020. The Graduate Student Congress, Center of Graduate Professional Diversity and Inclusion, and the Graduate School Office of Diversity and Inclusion will partner to match undergraduates from those communities with graduate and professional students. If you are interested in mentoring an undergraduate, please contact David Robinson at [D.robins4@uky.edu](mailto:D.robins4@uky.edu)

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## Commencement 2020

The University of Kentucky will celebrate the accomplishments of our December 2020 graduates with a virtual Commencement ceremony at 2 p.m. Friday, Dec. 4, 2020.

Graduates from May and August 2020 are also invited to participate if they choose, however this ceremony is not a replacement for the traditional UK Commencement Ceremonies. Similar to this past May, the university is fully committed to honoring the December, August and May 2020 graduates at an appropriate time, when it can be done in a safe and healthy way.

For more information, [click here](#).

## Other Reminders

[Ballot dropbox locations in Lexington](#)

[Don't forget to make appointments for your flu shot](#)

[Doing UK's Daily Health Screening? Now there's an app for that](#)



UNIVERSITY OF KENTUCKY  
GRADUATE STUDENT CONGRESS

## News from The Graduate Student Congress

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### “Civic Engagement Saturdays” Conversation on 10/31

**Invited Guest:** Representative Charles Booker

**Saturday October 31, 2020, from 1:00 p.m. to 3:00 p.m. EST via Zoom webinar**

**Moderator:** Erome Hankore

**Registration Form:** <https://forms.gle/fwB8AUBQSKBL1ZKF8>

The Graduate Student Congress (GSC) at the University of Kentucky (UK) has started a new series of events this semester called “Civic Engagement Saturdays.” On the last Saturday of the month during the academic year, the GSC invites prominent BIPOC politicians and activists to campus to speak with all undergraduate students, graduate and

professional students, and postdocs about recognizing yourself in politics, how to get involved in politics, and effecting change in your community(ies). This month's invited guest is Representative Charles Booker from Louisville, KY. Representative Booker serves in the Kentucky House of Representatives for the 43rd District and he is currently Kentucky's youngest Black state lawmaker. The moderator for this conversation will be Erome Hankore (Ph.D., University of Nebraska, Lincoln), a postdoctoral scholar in UK's College of Pharmacy. Erome serves as Representative for Postdocs on the GSC and as an Executive Committee member in the Society of Postdoctoral Scholars (SoPS). Check out the GSC's [website](#) for more information!

## GSC Awards Cycle 2 Closes on 10/31

**Deadline:** Saturday, October 31, 2020, at 11:59 p.m. EST  
Awards Committee Chair: Lan Jiang ([lan.jiang@uky.edu](mailto:lan.jiang@uky.edu))

Awards Available During Cycle 2:  
12 Conference Awards (\$500 each)  
3 Research Awards (\$500 each)  
2 Professional Development Award (\$250 each)

The Graduate Student Congress (GSC) provides awards to University of Kentucky graduate and professional students to attend conferences, conduct research, engage in professional development, and purchase or rent graduation regalia. We do not place specific restrictions on the types of research, conferences, or professional development that we will fund. Successful applicants should be able to make a strong case for how their proposed research, conference, or professional development will contribute to their personal and professional growth. Due to the competitive nature of the awards, and our desire to fund as many students as possible, applicants are only eligible for funding once for each type of award per academic year.

See the GSC's [website](#) for more information and links to each application!

## GSC November General Assembly Meeting on 11/05

**President:** Katherine Counts  
**Thursday, November 5, 2020, from 11:00 a.m. to 12:30 p.m. EST via Zoom**  
**Zoom Link:** <https://uky.zoom.us/j/91588452854?pwd=ak5jbUF2Vk8vQVNOVj9QZDVpRzQzQT09>  
Password: 856780

The Graduate Student Congress's (GSC's) General Assembly Meetings take place on the first Thursday of the month during the academic year. The purpose of the General Assembly Meetings is to bring together the GSC Executive Board and Leadership Team members with all GSC Representatives from across UK to discuss matters affecting our quality of life, and to provide updates and seek feedback from our constituents on the GSC's outreach programming, advocacy, and community enhancement efforts. All graduate and professional students, postdoctoral scholars, and graduate faculty are invited to attend.

Visit the GSC's [website](#) for a copy of the agenda!

## NAGPS National Conference (11/13 - 11/5)

The GSC is a member of the National Association for Graduate-Professional Students ([NAGPS](#)), which is a student-run national, non-profit organization dedicated to improving the quality of life of graduate and professional students across the United States. The mission of the NAGPS is to (1) develop, sustain, and expand a member network that connects graduate and professional students across the United States to facilitate the sharing of information, resources, and best practices; (2) empower our members to successfully serve their constituents, and (3) amplify students' voices to campus, local, state, and federal policymakers.

This year, the [NAGPS National Conference](#) will be hosted virtually in partnership with the

Graduate Student Council at the University of North Texas (UNT) on Friday, November 13, 2020, through Sunday, November 15, 2020. The NAGPS National Conference will gather student leaders from across the country for a 3-day Zoom conference of membership engagement, academic achievement, and the development of the Association's advocacy platform. The annual Board of Directors election will also be conducted during this time. The agenda for the conference has not yet been posted, but topics should include:

- Advocacy
- AI Misinformation
- Black Lives Matter
- Business & Career
- Empathy
- Mental Health
- Technology
- And More!

The GSC has two (2) extra free tickets to the NAGPS National Conference and would like to invite UK graduate students or professional students to attend with GSC Leadership. If you would like to attend the NAGPS National Conference and have your registration fee covered by the GSC, please email [gsc@uky.edu](mailto:gsc@uky.edu) by Friday, November 06, 2020, at 11:59 p.m. For now, names will be accepted on a first-come first-serve basis, but if more than 2 people are interested in attending the conference, then students with GSC Representatives "In Good Standing" will be given preference.