

Kinesiology and Health Promotion

College of Education

The Department of Kinesiology and Health Promotion offers graduate work leading to the Master of Science, Doctor of Education, and Doctor of Philosophy degrees. The Master of Science degree offers concentrations in biomechanics, exercise physiology, health promotion, physical education, coaching, and sport leadership. There is also a Master of Science degree option in Sport and Exercise Psychology. The Ed.D. degree has concentrations in health promotion and in physical education. The Ph.D. degree in Exercise Science offers specializations in biomechanics or exercise physiology. The department also offers a Ph.D. in Interdisciplinary Sciences with both Physical Education and Health Education concentrations. Program information can be found on the departmental website:

<https://education.uky.edu/khp/grad/>

All application materials for the Department of Kinesiology and Health Promotion graduate programs must be submitted through the online application, which is accessible from the Graduate School web page: <https://gradschool.uky.edu/>

Additional admission and degree requirements for each program and/or specialization can be found below.

Master of Science in Kinesiology and Health Promotion

The master's program is designed to provide a high-quality graduate program for students who desire advanced study to enhance their professional knowledge and skills as well as for students who complete the master's degree as an intermediate step toward doctoral work. Students can select from a variety of specializations (biomechanics, exercise physiology, health promotion, physical education, coaching, and sport leadership) to meet their interest areas and career goals as described below.

The objective of the program is to prepare the student to:

- permit an in-depth study of a specialized content area within the field;
- effectively locate, analyze, and use significant elements of the professional literature and research materials;
- acquire a knowledge of sound research procedures; and
- engage in clinical, applied, and/or experiential learning opportunities to enhance students' professional development

The course work and program experiences are designed to enable graduate students in the Department of Kinesiology and Health Promotion to demonstrate:

1. Educational, professional and technological standards.
2. Literacy skills for life-long professional learning.

3. Current, factual, and functional content knowledge.
4. Functional skills and dispositions of professionals.
5. Skills for research and reflection for learning and leading.
6. Skills to plan, implement, and evaluate basic and applied research.
7. Skills to analyze and interpret research data.

To accomplish these outcomes, students are introduced to a combination of departmental course offerings, supporting electives, and a required core of statistics and research methods. Students work with their advisor to tailor course work and additional opportunities to their interests areas and career goals. Master's candidates with the approval of the department may select either a thesis (Plan A) or a non-thesis option (Plan B).

Admission Requirements

Applicants must meet the Graduate School requirements set forth in the first part of this Bulletin as well as those set forth for each specialty area. Additional information can be found on the departmental website and is briefly summarized below: <https://education.uky.edu/khp/grad/>

Specific prerequisites for graduate study at the master's level are determined by a committee of the departmental graduate faculty based upon area of emphasis.

Application Deadlines

- **Priority deadline for upcoming academic year:** February 1
- **Fall:** July 15 (international students: April 15)
- **Spring:** December 1 (international students: August 22)

Specializations

BIOMECHANICS SPECIALIZATION

The specialization in human biomechanics is a multidisciplinary program working together with Kinesiology, Health Sciences, and Engineering. The program helps address critical problems related but not limited to sport, exercise, health, aging, space science and ergonomics.

Admission Requirements

- A bachelor's degree from an accredited college or university with adequate preparation in health, physical education, or related fields.
- GRE Requirements: Minimum GRE scores - combined verbal and quantitative score of 286 (minimum verbal score of 146 and quantitative score of 140); 2.75 analytical.
- GPA requirement: 2.75 or higher
- A total of three letters of recommendation are required. A minimum of 2 out of 3 of these letters must be submitted by someone with a terminal degree (i.e. Ph.D., M.D., Ed.D., etc.) and must be from a person with direct knowledge of the applicant's academic capabilities (e.g., instructor, research supervisor, advisor, etc.).

- A bachelor's degree from an accredited college or university with adequate preparation in health, physical education, exercise science, or related fields.

Degree Requirements

Research Methods and Statistics (6-7 hours) are required for all Kinesiology and Health Promotion majors while the remainder of the courses are specific to the biomechanics specialization. A minimum of 30 total hours is required. See program website for pre-requisites and possible electives.

Plan A

- Research Methods (6-7 hours)
 - KHP 644 - Research Techniques Applied to Kinesiology and Health Promotion (3 credits)
 - STA 570 or STA/CPH 580 or EPE/EDP 558 - Basic Statistical Analysis or equivalent (3 or 4 credits)
- Area of concentration (12 hours)
- Disciplinary Support/Supporting Electives (6 hours)
- Thesis (6 hours)

Plan B

- Research Methods (6-7 hours)
 - KHP 644 - Research Techniques Applied to Kinesiology and Health Promotion (3 credits)
 - STA 570 or STA/CPH 580 or EPE/EDP 558 - Basic Statistical Analysis or equivalent (3 or 4 credits)
- Area of concentration (15 hours)
- Disciplinary Support/Supporting Electives (6 hours)
- Independent research/study (3 hours)

EXERCISE PHYSIOLOGY SPECIALIZATION

The specialization in Exercise Physiology offers a robust science-based curriculum to prepare students for a variety of careers in research, clinical, and practitioner-based settings. The curriculum offers numerous clinical, applied, and experiential learning opportunities to enhance students' professional development. Students may pursue research or internship-based tracks to effectively prepare for their professional endeavors.

Admission Requirements

- Students must contact a program faculty member prior to applying to the program. It is important to identify a faculty member for which the student has similar research/scholarly interests.
- Personal Statement (must indicate a primary and secondary program faculty member)
- GRE Requirements: Minimum GRE scores of 146 verbal; 146 quantitative; 2.75 analytical.
- GPA requirement: 3.2 or higher

Degree Requirements

Research Methods and Statistics (6-7 hours) are required for all Kinesiology and Health Promotion majors while the remainder of the courses are specific to the exercise physiology specialization. A minimum of 30 total hours is required. See program website for pre-requisites and possible electives.

Plan A

- Research Tools (6-7 hours)
 - KHP 644 - Research Techniques Applied to Kinesiology and Health Promotion (3 credits)
 - STA 570 or EPE/EDP 557 - Basic Statistical Analysis or equivalent (3 or 4 credits)
- Area of concentration (12 hours)
- Disciplinary Support/Supporting Electives (6 hours)
- Thesis (6 hours)

Plan B

- Research Methods (6-7 hours)
 - KHP 644 - Research Techniques Applied to Kinesiology and Health Promotion (3 credits)
 - STA 570 or EPE/EDP 557 - Basic Statistical Analysis or equivalent (3 or 4 credits)
- Area of concentration (15 hours)
- Disciplinary Support/Supporting Electives (6 hours)
- Independent research/study (3 hours)

HEALTH PROMOTION SPECIALIZATION

The specialization in Health Promotion is for students passionate about health and wellness who want to make a positive impact on other people's lives. With a flexible distance learning degree option, students will gain advanced professional skills, build professional relationships with top alumni, and engage with internationally-recognized faculty in health promotion. The curriculum offers numerous applied and experiential learning opportunities to enhance students' professional development. Students may pursue research or internship-based tracks to effectively prepare for their professional endeavors. Students will also be prepared to sit for the Certified Health Education Specialist (CHES) examination, a professional credential widely respected in the health promotion field.

Admission Requirements

- A bachelor's degree from an accredited college or university with adequate preparation in health, physical education, or related fields.
- GRE Requirements: Minimum GRE scores - combined verbal and quantitative score of 286 (minimum verbal score of 146 and quantitative score of 140); 2.75 analytical.
- GPA requirement: 2.75 or higher
- Resume/CV

- A professional goal statement describing the applicant's professional background, motivations for seeking a graduate education in this specialty area, why the current program is an ideal fit, and career/research aspirations.
- Three letters of recommendation: At least two must be from a person with direct knowledge of applicant's academic capabilities (e.g., instructor, research supervisor, advisor, etc.).

Degree Requirements

Research Methods and Statistics (6-7 hours) are required for all Kinesiology and Health Promotion majors while the remainder of the courses are specific to the health promotion specialization. A minimum of 33 total hours is required. See program website for pre-requisites and possible electives.

Plan A

- Research Tools (6-7 hours)
 - KHP 644 - Research Techniques Applied to Kinesiology and Health Promotion (3 credits)
 - STA 569, 570, or EPE/EDP 558 or PSY 610 - Basic Statistical Analysis or equivalent (3 or 4 credits)
- Area of concentration (9 hours)
 - KHP 674 Foundations of Health Promotion (3)
 - KHP 673 Health Promotion and Behavior Change (3)
 - KHP 677 Planning Health Promotion Programs (3)
- Disciplinary Support/Supporting Electives (12 hours)
- Thesis (6 hours)

Plan B

- Research Tools (6-7 hours)
 - KHP 644 - Research Techniques Applied to Kinesiology and Health Promotion (3 credits)
 - STA 569, 570 or EPE/EDP 558 or PSY 610 - Basic Statistical Analysis or equivalent (3 or 4 credits)
- Area of concentration (9 hours)
 - KHP 674 Foundations of Health Promotion (3)
 - KHP 673 Health Promotion & Behavior Change (3)
 - KHP 677 Planning Health Promotion Programs (3)
- Disciplinary Support/Supporting Electives (15 hours)
- Internship (3 hours)
 - KHP 577 Practicum in Kinesiology and Health Promotion (3)

SPORT LEADERSHIP SPECIALIZATION

The Sport Leadership specialization focuses on preparing leaders in all sport, recreation, and fitness related fields. The goal is to help students develop the knowledge and skills to be more effective practitioners and researchers in the field of leadership.

Admission Requirements

- A bachelor's degree from an accredited college or university with adequate preparation in health, physical education, or related fields.
- GRE Requirements: Minimum GRE scores - combined verbal and quantitative score of 286 (minimum verbal score of 146 and quantitative score of 140); 2.75 analytical.
- GPA requirement: 2.75 or higher
- Three letters of recommendation

Degree Requirements

Research Methods and Statistics (6-7 hours) are required for all Kinesiology and Health Promotion majors while the remainder of the courses are specific to the sport leadership specialization. A minimum of 30 total hours is required. See program website for pre-requisites and possible electives.

Plan A

- Research Tools (6-7 hours)
 - KHP 644 - Research Techniques Applied to Kinesiology and Health Promotion (3 credits)
 - STA 570 or EPE/EDP 557, 558 - Basic Statistical Analysis or equivalent (3 or 4 credits)
- Area of concentration (12 hours)
 - KHP 676 Current Issues and Problems in Sport Management (3 hours)
 - KHP 683 Leadership, Theory, and Practice in Sport and Fitness Organizations (3 hours)
 - KHP 684 Diversity in Sport and Fitness Organizations (3 hours)
 - KHP 685 Supervision of Sport and Fitness Personnel (3 hours)
- Disciplinary Support/Supporting Electives (6 hours)
- Thesis (6 hours)

Plan B

- Research Methods (6-7 hours)
 - KHP 644 - Research Techniques Applied to Kinesiology and Health Promotion (3 credits)
 - STA 570 or EPE/EDP 557, 558 - Basic Statistical Analysis or equivalent (3 or 4 credits)
- Area of concentration (15 hours)
 - KHP 676 Current Issues in Sport (3 hours)
 - KHP 683 Leadership, Theory, and Practice in Sport & Fitness Organizations (3 hours)
 - KHP 684 Diversity in Sport & Fitness Organizations (3 hours)
 - KHP 685 Supervision of Sport & Fitness Personnel (3 hours)
 - KHP 688 Event Management in Sport (3 hours)
- Disciplinary Support/Supporting Electives (6 hours)
- Internship (3 hours)
 - KHP 687 Practicum in Sport Management (3 hours)

TEACHING SPECIALIZATION

The teaching specialization focuses on connecting theory of effective teaching processes and the practice of effective teaching in physical education. In addition to learning about appropriate teaching methods, you learn very valuable experiences in the field. Please note: This degree does not lead to teacher certification.

Admission Requirements

- A bachelor's degree from an accredited college or university with adequate preparation in health, physical education, or related fields.
- GRE Requirements: Minimum GRE scores - combined verbal and quantitative score of 286 (minimum verbal score of 146 and quantitative score of 140); 2.75 analytical.
- GPA requirement: 2.75 or higher
- Three letters of recommendation

Degree Requirements

Research Methods and Statistics (6-7 hours) are required for all Kinesiology and Health Promotion majors while the remainder of the courses are specific to the teaching specialization. A minimum of 30 total hours is required. See program website for pre-requisites and possible electives.

Plan A

- Research Tools (6-7 hours)
 - KHP 644 - Research Techniques Applied to Kinesiology and Health Promotion (3 credits)
 - STA 570 or EPE/EDP 557, 558- Basic Statistical Analysis or equivalent (3 or 4 credits)
- Area of concentration (6 hours)
 - KHP 601 Teaching Effectiveness and Leadership in Kinesiology and Health Education (3 hours)
 - KHP 602 Promoting Physical Activity for Youth (3 hours)
- Disciplinary Support/Supporting Electives (12 hours)
- Thesis (6 hours)

Plan B

- Research Tools (6-7 hours)
 - KHP 644 - Research Techniques Applied to Kinesiology and Health Promotion (3 credits)
 - STA 570 or EPE/EDP 557, 558 - Basic Statistical Analysis or equivalent (3 or 4 credits)
- Area of concentration (6 hours)
 - KHP 601 Teaching Effectiveness and Leadership in Kinesiology and Health Education (3 hours)
 - KHP 602 Promoting Physical Activity for Youth (3 hours)
- Disciplinary Support/Supporting Electives (18 hours)

COACHING SPECIALIZATION

The master's degree with a specialization in coaching is directed primarily at preparing graduate students to be coaches at the elementary school, middle school, high school, and collegiate levels. The aim is to help teaching and coaching master's students develop the knowledge and skills to be more effective practitioners and researchers in the field of coaching.

Admission Requirements

- A bachelor's degree from an accredited college or university with adequate preparation in health, physical education, or related fields.
- GRE Requirements: Minimum GRE scores - combined verbal and quantitative score of 286 (minimum verbal score of 146 and quantitative score of 140); 2.75 analytical.
- GPA requirement: 2.75 or higher
- Three letters of recommendation

Degree Requirements

Research Methods and Statistics (6-7 hours) are required for all Kinesiology and Health Promotion majors while the remainder of the courses are specific to the coaching specialization. A minimum of 30 total hours is required. See program website for pre-requisites and possible electives.

Plan A

- Research Tools (6-7 hours)
 - KHP 644 - Research Techniques Applied to Kinesiology and Health Promotion (3 credits)
 - STA 570 or EPE/EDP 557, 558- Basic Statistical Analysis or equivalent (3 or 4 credits)
- Area of concentration (9 hours)
 - KHP 601 Teaching Effectiveness and Leadership in Kinesiology and Health Education (3 hours)
 - KHP 676 Current Issues and Problems in Sport Management (3 hours)
 - KHP 684 Diversity in Sport and Fitness Organizations (3 hours)
- Disciplinary Support/Supporting Electives (9 hours)
- Thesis (6 hours)

Plan B

- Research Tools (6-7 hours)
 - KHP 644 - Research Techniques Applied to Kinesiology and Health Promotion (3 credits)
 - STA 570 or EPE/EDP 557, 558- Basic Statistical Analysis or equivalent (3 or 4 credits)
- Area of concentration (9 hours)
 - KHP 601 Teaching Effectiveness and Leadership in Kinesiology and Health Education (3 hours)
 - KHP 676 Current Issues and Problems in Sport Management (3 hours)
 - KHP 684 Diversity in Sport and Fitness Organizations (3 hours)
- Disciplinary Support/Supporting Electives (15 hours)

Master of Science in Sport and Exercise Psychology

The field of sport and exercise psychology is an interdisciplinary science that explores the relationship between various psychological factors and participation in sport and/or physical activity. The two-year program in the Department of Kinesiology and Health Promotion offers students the choice to pursue a graduate education in the field of sport and exercise psychology by either following an applied or research track. Each option integrates theory-based research and the application of key concepts associated with performance enhancement and life skill development. In this context, successful completion of this program will result in a strong understanding of the various psychosocial factors that influence sport participation and performance.

Upon admission to the program, students will be assigned a faculty advisor who will assist in course selection and planning. The exact program of study specified in an individual program plan will depend on previous coursework and/or individual goals.

Admission Requirements

- Applicants must meet the following criteria for admission:
- An undergraduate degree in a field closely related to sport and exercise psychology (e.g., psychology, exercise science, health sciences, sport management, etc.).
- A minimum cumulative undergraduate GPA of 2.75 (on 4.0 scale)
- Minimum GRE scores of 146 verbal; 146 quantitative; 2.75 analytical

Application Requirements

- Official undergraduate transcript
- An updated CV or professional resume
- Three letters of recommendation. At least two from a person with direct knowledge of applicant's academic capabilities (e.g., instructor, research supervisor, advisor, etc.).
- A professional goal statement describing the applicants professional background, motivations for seeking a graduate education in SEP, why the current program and desired track are an ideal fit, and career/research aspirations.

Degree Requirements

Disciplinary Core

Required Courses:

- KHP 547 – Psychology of Sport and Physical Activity (3)
- KHP 580 – Group Dynamics in Sport and Physical Activity (3)
- KHP 684 – Diversity in Sport and Fitness Organizations (3)

Suggested Electives (Choose 3):

- EDP 614 – Motivation and Learning (3)
- KHP 605 – Psychological Aspects of Sport Injury and Rehabilitation (3)

- KHP 673 – Health Promotion and Behavior Change (3)
- KHP 674 – Foundations of Health Promotion (3)
- KHP 676 – Current Issues and Problems in Sport Management (3)
- KHP 683 – Leadership, Theory, and Practice in Sport and Fitness Organizations(3)
- KHP 720 – Sports Medicine (3)

TOTAL: 18 credit hours

Professional Practice Core

Required Courses:

- EDP 605 – Counseling Techniques I (3)
- EDP 688 – Ethical and Legal Issues in Psychology (3)
- KHP 689 – Internship in Sport and Exercise Psychology (150 hours per 3.0 credit hours) (6)

Suggested Electives (Choose 1):

- EDP 600 – Life Span of Human Development and Behavior (3)
- EDP 642 – Individual Assessment of Personality Functioning (3)
- EDP 649 – Group Counseling (3)
- EDP 650 – Diagnosis and Psychopathology in Counseling Psychology (3)
- EDP 777 – Seminar in Counseling Psychology (3)
- SW 530 – Responding to Military and Veteran Populations (3)

TOTAL: 15 credit hours

Statistics/Research Design Disciplinary Core

Required Courses:

- EDP 557 – Gathering, Analyzing, and Using Educational Data I (3) **OR** EDP 558 – Gathering, Analyzing, and Using Educational Data II (3)
- KHP 644 – Research Techniques Applied to Kinesiology and Health Promotion (3)

TOTAL: 6 credit hours

Sport Psychology Disciplinary Core

Required Courses:

- KHP 547 – Psychology of Sport and Physical Activity (3)
- KHP 580 – Group Dynamics in Sport and Physical Activity (3)
- KHP 684 – Diversity in Sport and Fitness Organizations (3)

Suggested Electives (Choose 2):

- EDP 614 – Motivation and Learning (3)
- KHP 605 – Psychological Aspects of Sport Injury and Rehabilitation (3)

- KHP 673 – Health Promotion and Behavior Change (3)
- KHP 674 – Foundations of Health Promotion (3)
- KHP 676 – Current Issues and Problems in Sport Management (3)
- KHP 683 – Leadership, Theory, and Practice in Sport and Fitness Organizations (3)
- KHP/AT 720 - Sports Medicine (3)

TOTAL: 15 credit hours

Sport Psychology Professional Practice Core

Required Course:

- EDP 605 – Counseling Techniques I (3)

Suggested Electives (Choose 2):

- EDP 600 – Life Span of Human Development and Behavior (3)
- EDP 642 – Individual Assessment of Personality Functioning (3)
- EDP 649 – Group Counseling (3)
- EDP 650 – Diagnosis and Psychopathology in Counseling Psychology (3)
- EDP 688 – Ethical and Legal Issues in Psychology (3)
- EDP 777 – Seminar in Counseling Psychology (3)
- SW 530 – Responding to Military and Veteran Populations (3)

TOTAL: 9 credit hours

Statistics/Research Design Disciplinary Core

Required Courses

- EPE 558 – Gathering, Analyzing, and Using Educational Data II (3)
- KHP 644 – Research Techniques Applied to Kinesiology and Health Promotion (3)
- KHP 748 – Master’s Thesis Research (6)

Suggested Electives (Choose 1)

- KHP 695 – Independent Study in Kinesiology and Health Promotion (3)
- EDP 660 – Research Design and Analysis in Education (3)
- SW 772 – Introduction to Qualitative Research (3)

TOTAL: 15 credit hours

PROGRAM TOTAL: 39 credit hours (minimum)

Doctor of Philosophy in Exercise Science

The Ph.D. program offers areas of concentration in Biomechanics or Exercise Physiology. The goal of the program is to provide education to qualified students so that they will have a broad understanding of exercise science, as well as an in-depth knowledge of one specific area or discipline. Graduates of this program will be able to conduct exercise science and/or biomechanics research, teach at the university level, direct discipline specific educational programs, and collaborate with other professionals on various issues related to exercise science/biomechanics. For more information on each concentration area, please visit the departmental website: <https://education.uky.edu/khp/grad/>

Objectives of the program are to:

- provide a multidisciplinary doctoral program in exercise science with coordinated and expanded course offerings to meet the varied needs and interests of students wishing to pursue a research and/or academic career in the exercise science areas of exercise physiology, biomechanics, and motor control.
- develop scientific expertise and knowledge of resources which will enable students to conduct independent research in their given area of expertise.
- foster cooperative interdisciplinary research.
- provide opportunities for critical interdisciplinary evaluation of current research trends.
- participate in guided research projects of sufficiently complex scope and design to prepare students for conducting their own research.
- prepare leaders to educate others in the area of exercise science.

Application Requirements

- CV
- Personal Statement: Submit a statement of your professional aspirations and explain how you believe graduate study at the University of Kentucky will enhance your ability to achieve those professional goals. In your statement, provide information about your background, research skills and experiences, personal and professional achievements, and educational, work or life experiences that influenced you and your life goals.
- Writing Sample: Students who have not written a Master's level thesis will be required to submit an example of their research writing. A literature review or project from a completed class are acceptable examples for submission for application. Special circumstances will be considered at the discretion of the applicant's designated potential advisor.
- A Master's degree or graduate level professional (e.g. M.D.) degree from a fully accredited institution of higher learning.
- The Graduate School of the University of Kentucky requires an overall grade point of 3.0 on all prior graduate work and a 2.75 from undergraduate work.
- For the Graduate School, the minimum acceptable TOEFL score is 550 (paper-based) 213 (computer-based), or 79 (internet-based). The minimum IELTS score is 6.5; Submitted scores must be no more than two years old.

- GRE: A combined Verbal and Quantitative GRE score of 297 (minimum verbal score of 153 and Quantitative score of 144) on the revised GRE test.
- Four letters of recommendation are required. A minimum of 3 out of 4 of these letters must be submitted by someone with a terminal degree (i.e. Ph.D., M.D., Ed.D., etc.) and must be from a person with direct knowledge of the applicant's academic capabilities (e.g., instructor, research supervisor, advisor, etc.).

Degree Requirements

A minimum of 36+ credit hours are required prior to sitting for the qualifying exam, followed by the completion of a dissertation. Determination of a student's particular course plan is made in consultation with the student and his or her approved advisory committee. The dissertation is guided and ultimately approved by the student's dissertation committee.

Each program requires the Exercise Science Core (20 hours), and provides the student with a broad understanding of the various disciplines involved in this field. Each student is also required to take a minimum of 7 hours in research/statistic coursework and 3 hours of computer programming or demonstrate proficiency in programming. Beyond this minimum of 30 hours, the structure and content of the doctoral program are set by an advisor and committee in consultation with each student. The number of formal courses within each area of specialization may vary. It is expected that the depth of knowledge in each area of study comes from independent study and research experiences, in addition to the dissertation, which are under the direction of the faculty. Each student will demonstrate their depth of knowledge by their qualifying exams.

Doctor of Philosophy in Education Sciences in Health Education

Customize a health education doctorate (Ph.D.) to follow your passion for a career in higher education. This program will prepare students for research-focused faculty positions or careers that involve conducting research on behalf of community health agencies and organizations, corporations, or health-related governmental agencies.

Students will explore both individual and population health, focusing on evidence-based strategies, application of health behavior theory, and research inquiry across a variety of health topics and target populations.

In the health education Ph.D. program at the University of Kentucky, students will:

- develop an understanding of the full spectrum of health education, as well as an in-depth knowledge of one specific area or discipline, such as college health promotion, youth health promotion, substance use prevention, community-based research/interventions, health inequities, and health policy;
- participate in guided research projects designed to prepare you for conducting your own research;
- conduct independent research aligned with your career goals as you develop scientific expertise
- gain teaching experience at the university level, preparing master's students for careers in health education;
- write and publish research in high-quality journals;
- collaborate with faculty on research and service projects;
- have opportunities for multidisciplinary work within health education, health promotion, communication, social sciences, and/or other public health disciplines and topics.

Prospective students are strongly encouraged to identify a faculty member with whom they wish to work prior to applying to the program, as the Ph.D. program in Education Sciences in Health Education utilizes a mentor-based admission process.

Admission Requirements

- A master's degree or 30 semester hours of approved graduate course work with a 3.0 GPA.
- GRE: A combined Verbal and Quantitative GRE score of 297 (minimum verbal score of 153 and Quantitative score of 144) on the revised GRE taken on August 1, 2011 or after.
- CV
- Personal Statement: Statement of your professional aspirations and explain how you believe graduate study at the University of Kentucky will enhance your ability to achieve those professional goals. In your statement, provide information about your background, research skills and experiences, personal and professional achievements, and educational, work or life experiences that influenced you and your life goals.
- Writing Sample: Students who have not written a master's level thesis will be required to submit an example of their research writing. A literature review or project from a completed

class are acceptable examples. Special circumstances will be considered at the discretion of the applicant's designated potential advisor.

- Four letters of recommendation: At least two must be from a person with direct knowledge of your academic capabilities (e.g., instructor, research supervisor, advisor, etc.).

Degree Requirements

The Health Education concentration requires a minimum of 42 hours of coursework (beyond those earned for a Masters degree) and 4 hours of dissertation credit hours, for a total of 46 hours. The student's committee may recommend additional hours of coursework, depending on the student's background, experience, and career goals. Additional information, including possible pre-requisites and electives, can be found on the departmental website: <https://education.uky.edu/khp/grad/>

The general structure of the coursework needed to complete the Ph.D. in Education Sciences with advanced concentration in Health Education course requirements is as follows:

- Pre-requisite courses (based on review of transcripts)
- Health Promotion Core Courses (9 hours)
- Research Methods/Stats Courses (12 hours minimum)
- Cognate Area (9 hours minimum)
- Independent Study/Research (6 hours minimum)
- Electives (6 hours minimum)
- Dissertation Hours (4 hours minimum)

Doctor of Philosophy in Education Sciences in Physical Education

Students will gain an understanding of the full spectrum of physical education, along with in-depth knowledge of one specific area or disciplines such as comprehensive school physical activity programs, behavior management in activity settings, and motivating individuals to be active. Students will develop extensive subject-matter expertise and discover potential research topics in courses covering physical education, physical activity promotion, epidemiology, sociology, behavioral science, and public health. This Ph.D. program can be completed on campus or in our fully online option.

In the physical education doctorate program (Ph.D.) at the University of Kentucky, students will:

- participate in guided research projects designed to prepare you for conducting your own research;
- conduct independent research as you develop scientific expertise;
- gain teaching experience at the university level, preparing bachelor's and master's students for careers in physical education and health teaching;
- write and publish research in high-quality journals;
- collaborate with faculty on research and service projects; and
- network with physical education teacher educators from across the country and around the world.

Admission Requirements

- A master's degree or 30 semester hours of approved graduate course work with a 3.0 GPA.
- GRE: A combined Verbal and Quantitative GRE score of 297 (minimum verbal score of 153 and Quantitative score of 144) on the revised GRE test taken on August 1, 2011 or after.
- CV
- Personal Statement: Statement of your professional aspirations and explain how you believe graduate study at the University of Kentucky will enhance your ability to achieve those professional goals. In your statement, provide information about your background, research skills and experiences, personal and professional achievements, and educational, work or life experiences that influenced you and your life goals.
- Writing Sample: Students who have not written a Master's level thesis will be required to submit an example of their research writing. A literature review or project from a completed class are acceptable examples. Special circumstances will be considered at the discretion of the applicant's designated potential advisor.
- Four letters of recommendation: At least two must be from a person with direct knowledge of your academic capabilities (e.g., instructor, research supervisor, advisor, etc.).

Degree Requirements

Course work will be planned by the advisory committee to complement and extend previous graduate work. Additional information, including possible pre-requisites and electives, can be found on the departmental website: <https://education.uky.edu/khp/grad/>

Required Research Methods and Statistics Core (12 hours)

Includes a minimum of 3 hours of qualitative and 3 hours of quantitative analysis. A total of nine hours must be chosen from either quantitative or qualitative courses. Three additional hours of advanced study are to be selected by the advisory committee to meet the specific research and statistical training needs of the student.

Advanced Strand (18 hours)

- KHP 601 – Teaching Effectiveness and Leadership in Kinesiology and Health Education
- KHP 602 – Promoting Physical Activity for Youth*

Two additional courses in KHP or related area (6+ hours)

Other related courses including research courses (6+ hours)

- KHP 695 – Independent Study in Kinesiology and Health Promotion
- KHP 782 – Independent Research in Kinesiology and Health Promotion

Dissertation and Independent Studies (18+ hours)

- KHP 767 – Dissertation Residency Credit (2 hrs/semester after passing qualifying exams)*

Doctor of Education Sciences in Kinesiology and Health Promotion

The Ed.D. program in Kinesiology and Health Promotion is a high-quality graduate program which aims to respond to the needs of individuals looking to advance their careers. The Ed.D. specialty areas serve professionals from various fields through interdisciplinary and practical experiences, particularly those who desire advanced study to enhance professional knowledge and skills in educational, leadership, industrial, or other appropriate settings.

Our program allows students to explore specific career options and engage in experiential learning within a small classroom environment which fosters personal and individual attention. Our goal is to enable all graduate students to become successful in their academic and professional career.

The Department of Kinesiology and Health Promotion offers two different specializations (Health Promotion and Physical Education) to further interest in a specific area and/or career. Learn more about each specialization below.

Admission Requirements

- A master's degree or 30 semester hours of approved graduate course work with a 3.0 GPA.
- GRE: A combined Verbal and Quantitative GRE score of 297 (minimum verbal score of 153 and Quantitative score of 144) on the revised GRE test taken on August 1, 2011 or after.
- CV
- Personal Statement: Statement of your professional aspirations and explain how you believe graduate study at the University of Kentucky will enhance your ability to achieve those professional goals. In your statement, provide information about your background, research skills and experiences, personal and professional achievements, and educational, work or life experiences that influenced you and your life goals.
- Writing Sample: Students who have not written a Master's level thesis will be required to submit an example of their research writing. A literature review or project from a completed class are acceptable examples for submission for application. Special circumstances will be considered at the discretion of the applicant's designated potential advisor.
- Four letters of recommendation: At least two must be from a person with direct knowledge of applicant's academic capabilities (e.g., instructor, research supervisor, advisor, etc.).

Specializations

HEALTH PROMOTION SPECIALIZATION

The Ed.D. degree with a specialization in Health Promotion prepares students for a career in teaching/mentoring, consulting, policy development, or other leadership roles focused on individual and population health, evidence-based programming, and application of health behavior theory across diverse populations. With the skills and interdisciplinary knowledge students develop through coursework, independent research, community-engaged work, opportunities for teaching and/or

professional service, as well as relationships with faculty mentors, they are prepared to lead in a variety of settings including universities, health promotion agencies at every level, healthcare systems and service organizations, and private industry. The Ed.D. program utilizes a mentor-based admission process. Therefore, students are strongly encouraged to identify a faculty member with whom they wish to work prior to applying to the program.

Degree Requirements

Our Ed.D. degree with specialization in Health Promotion requires students to complete a minimum of 42 hours of course work. The doctoral degree requires students to complete a core of 9-12 hours of health promotion courses, 9 hours of research/statistics/design courses plus supporting electives for a total of at least 42 hours. Students, with the approval of their advisory committee, select elective course work that will enhance their health promotion knowledge and skills as well as their research skills.

Additional information, including possible pre-requisites and electives, can be found on the departmental website: <https://education.uky.edu/khp/grad/>

PHYSICAL EDUCATION SPECIALIZATION

The Physical Education Ed.D. program has a required core of classes and sample of electives with an emphasis in specific areas such as physical education, physical activity promotion, epidemiology, sociology, behavioral science, and public health. The goal is to prepare students to teach courses on physical education methods, physical education curriculum, and physical activity promotion at the undergraduate and graduate level, remain up-to-date on the latest research, network with physical education teacher educators (PETE) from across the country and around the world, and exhibit professional work ethic and behaviors as a PETE student/faculty member.

Degree Requirements

The Ed.D. program has a required core of classes and sample of electives. The student may have an emphasis in specific areas of education. Additional information, including possible pre-requisites and electives, can be found on the departmental website: <https://education.uky.edu/khp/grad/>

Course Descriptions

EDP 557 GATHERING, ANALYZING, AND USING EDUCATIONAL DATA. (3) This course is rooted in the conceptual understanding of statistics and covers applications of statistical and graphical methods for educational and evaluation data. Basic descriptive statistics, correlation, normal distributions and hypothesis testing will be covered. An emphasis is placed on exploratory data analysis and interpretation of results within the broad contexts of education and evaluation. Statistical literacy exercises will be used for comprehension and application of materials. In addition, applications of statistical software will be demonstrated. Prereq: MA 109 or equivalent; undergraduate (with permission) or graduate status in the College of Education; or consent of the instructor. (Same as EPE 557.)

EDP 558 GATHERING, ANALYZING, AND USING EDUCATIONAL DATA II. (3) The course covers applications of statistical and graphical methods for educational and evaluation data. Topics to be covered include descriptive statistics, correlation, normal distributions, hypothesis testing, regression, ANOVA, and power. General goals include: developing an understanding of statistical concepts, improving reasoning and critical thinking skills, and to prepare for more advanced quantitative courses. Students will gain valuable statistical computing skills via stats Software. Prereq: EDP/EPE 557 or equivalent. (Same as EPE 558.)

EDP 600 LIFE SPAN OF HUMAN DEVELOPMENT AND BEHAVIOR. (3) This course is designed to meet the needs of graduate students in the College of Education for a course in theory and principles of developmental theories of individuals across the lifespan. Lifespan developmental psychology is a study of how and why people change over time as well as how and why they remain the same from conception through the aging process. The course is described through three perspectives: physical, cognitive, and psychosocial. Emphasis will be on the major transitions from infancy through young adulthood in the physical, cognitive, social, moral and emotional domains. The impact of ethnic, gender, and cultural factors on development will also be examined.

EDP 605 INTRODUCTION TO COUNSELING: TECHNIQUES I. (3) A survey of counseling psychology, philosophy, procedures and practices. Consideration of the roles of the counselor in relation to counseling services in the community and educational settings. In-depth training in initial counseling skills, interviewing (listening) and relationship building skills. Prereq: Acceptance to the graduate program in counseling psychology with the following major codes: RECO, ECGO, CPEC, ECPY, ECPC, CNPS, ESPP, ESPY, ECPP, or consent of instructor via permit.

EDP 614 MOTIVATION AND LEARNING. (3) This course will provide a review of current educational and psychological theories of motivation. After examining various theories (e.g., attributions, goals, self efficacy, expectancy X value), the course will examine applications of these theories to contemporary issues such as violence, substance abuse, dropping out of school, health maintenance, etc.

EDP 642 INDIVIDUAL ASSESSMENT OF PERSONALITY FUNCTIONING. (3) An in-depth study of the nature and measurement of human emotion, temperament and personality. Laboratory and field experience in the administration, scoring, and interpretation of tests related to personality functioning

and underlying dynamics of personality. May be repeated to a maximum of six credits. Prereq: Successful completion of PSY 535 (or equivalent) with a grade of “B” or better and enrollment in a professional program in Educational, School, and Counseling Psychology.

EDP 649 GROUP COUNSELING. (3) An overview of the theoretical bases and practical procedures used in the organization, and effective use of group counseling in the facilitation of psychological and educational goals. Prereq: EDP 605, EDP 652 and EDP 661 (all with grades of “B” or better), or consent of instructor.

EDP 650 DIAGNOSIS AND PSYCHOPATHOLOGY IN COUNSELING PSYCHOLOGY. (3) An integrative seminar in diagnosis and application of theories, techniques and assessment tools in Counseling Psychology. Special consideration of classification of psychological states and characteristics including DSM-IV temperament, analysis, and other research methods of integrating assessment and treatment alternatives. Prereq: PSY 535 or equivalent, EDP 652, and EDP 661 (all with a “B” or better) and admission to a program in Educational, School, and Counseling Psychology or consent of the instructor.

EDP 660 RESEARCH DESIGN AND ANALYSIS IN EDUCATION. (3) This is a statistics-oriented course that focuses on various aspects of regression analysis (general and generalized linear models). Topics to be covered include, but are not limited to, simple correlation and regression, multiple regression (with and without interaction/moderation terms, with/without nonlinear terms, contrast variable coding for categorical predictors, nested model comparison for hierarchical regression, etc.), regression diagnostics (outlying and influential cases identification and assessment, collinearity evaluation, residual analysis, etc.), logistic regression (with a comparison of the logit model with other commonly used classification models like probit model, decision tree model, etc.), among other things. The course will familiarize students with cleaning data for regression analysis, building regression models, conducting statistical inference of regression models, selecting the optimal regression model(s) for the data in hand, and interpreting regression analysis results using the right language. Students will gain requisite foundation knowledge necessary to learn more complex statistical tests and procedures, and become more critical of statistical presentations in academic journals and the mass media. Students will also become proficient in using at least one major statistics computer program (SPSS, Minitab, SAS, Stata, or R). Prereq: EPE/EDP 558 or consent of instructor. (Same as EPE 660.)

EDP 688 ETHICAL AND LEGAL ISSUES IN PSYCHOLOGY. (3) This course is designed to educate students about ethical and legal issues related to the practice of psychology. An emphasis is placed on learning the current APA ethical code of conduct, mental health laws, and ethical decision-making models. Prereq: EDP 605 and 661, or consent of the instructor

EDP 777 SEMINAR IN COUNSELING PSYCHOLOGY. (1-3) Topical consideration of philosophical, technical and theoretical positions in counseling theory and practice. May be repeated to a maximum of six credits. Prereq: Consent of instructor.

EPE 557 GATHERING, ANALYZING, AND USING EDUCATIONAL DATA. (3) This course is rooted in the conceptual understanding of statistics and covers applications of statistical and graphical methods for educational and evaluation data. Basic descriptive statistics, correlation, normal distributions and

hypothesis testing will be covered. An emphasis is placed on exploratory data analysis and interpretation of results within the broad contexts of education and evaluation. Statistical literacy exercises will be used for comprehension and application of materials. In addition, applications of statistical software will be demonstrated. Prereq: MA 109 or equivalent; undergraduate (with permission) or graduate status in the College of Education; or consent of the instructor. (Same as EDP 557.)

EPE 558 GATHERING, ANALYZING, AND USING EDUCATIONAL DATA II. (3) The course covers applications of statistical and graphical methods for educational and evaluation data. Topics to be covered include descriptive statistics, correlation, normal distributions, hypothesis testing, regression, ANOVA, and power. General goals include: developing an understanding of statistical concepts, improving reasoning and critical thinking skills, and to prepare for more advanced quantitative courses. Students will gain valuable statistical computing skills via stats Software. Prereq: EDP/EPE 557 or equivalent. (Same as EDP 558.)

KHP 547 PSYCHOLOGY OF SPORT AND PHYSICAL ACTIVITY. (3) An analysis of research findings in the psychology of teaching and coaching with emphasis placed on those factors which influence the acquisition of motor skills as well as on the psychological benefits of exercise and sport. Prereq: Undergraduate psychology course and basic statistics or consent of instructor.

KHP 577 PRACTICUM IN KINESIOLOGY AND HEALTH PROMOTION. (3 OR 6) KHP 577 is a three- or six-hour course which focuses on gaining practical experience in the professions of Kinesiology, Health Education and Health Promotion. It provides an opportunity for Kinesiology, Health Promotion minors and majors to apply the theories, knowledge and experiences gained from their coursework to real life situations. Depending on their discipline, students may gain experience in a variety of settings, including but not limited to physical therapy, personal training/fitness facilities, cardiac rehab, health department, student health, non-profit organizations, worksite wellness. Prereq: Exercise Science Majors must obtain Major Status, HEPR, KHPR majors and minors only, or permission by instructor.

KHP 580 GROUP DYNAMICS IN SPORT AND PHYSICAL ACTIVITY. (3) This course provides a comprehensive analysis of sport and physical activity from both a social psychological and group dynamics perspective. Sport and physical activity are highly social environments that can have wide and far reaching influence upon those who participate in them. Thus, students enrolled in this course will gain an advanced understanding of the major theories of group development, management, and maintenance, as well as the factors that determine how behavior and performance are affected by interactions with others in the context of sport and physical activity. Finally, students will learn and practically apply techniques related to team building, cohesion, and group work. Prereq: Upper division PHED, KINE majors or HPER, KHPR majors or consent of instructor.

KHP 601 TEACHING EFFECTIVENESS AND LEADERSHIP IN KINESIOLOGY AND HEALTH EDUCATION. (3) This course will examine the current research relevant to teacher effectiveness. The development and implementation of practical methods for improving teacher effectiveness in Kinesiology constitute the

primary emphasis of the course. The Kentucky Teacher Standards will be emphasized and used to guide this course.

KHP 602 PROMOTING PHYSICAL ACTIVITY FOR YOUTH. (3) The purpose of this course is to provide educators and other professionals with the knowledge and skills necessary to promote physical activity for youth. Current research and philosophies will be presented in a manner that provides a sound philosophical and factual basis for promoting physical activity for youth primarily through schools. Topics such as motivation, health benefits of regular physical activity, physical activity guidelines, and assessment of physical activity will be covered. Students will also be exposed to strategies for increasing physical activity both during the school day and outside of school.

KHP 605 PSYCHOLOGICAL ASPECTS OF SPORT INJURY AND REHABILITATION. (3) This course is designed to explore the theory and research related to the psychology aspects of injury and injury rehabilitation. The focus is on theory and application of various psychological concepts. Case studies, research articles, and discussion will be used to explore assessment and intervention approaches relevant for sport medicine and sport psychology professionals. This is a senior level undergraduate course with some non-textbook readings that require students to analyze and summarize journal articles. This course is designed to meet the Psychosocial Strategies and Referral competency, as outlined by the NATA and CAATE.

KHP 644 RESEARCH TECHNIQUES APPLIED TO KINESIOLOGY AND HEALTH PROMOTION. (3) This course is intended to provide graduate students with an introduction to the diverse ways of reading, designing, conducting and communicating research in the various areas that comprise kinesiology and health promotion. Specific topics are detailed in the provisional program below. The course will follow a hybrid format in which interactive lectures and online content will be interspersed throughout the semester. This course should be preceded or accompanied by basic statistics. Prereq: This course should be preceded or accompanied by basic statistics.

KHP 673 HEALTH PROMOTION AND BEHAVIOR CHANGE. (3) This course focuses on health promotion and behavior change strategies: individual, interpersonal, organizational, community, and public policy will be considered as potential factors that can inhibit or promote behavior change.

KHP 674 FOUNDATIONS OF HEALTH PROMOTION. (3) This course is designed to provide students with the foundations of health promotion and education including history, philosophy, and ethics in the field. Prereq: Health-related background and/or course work. Consent of the instructor.

KHP 676 CURRENT ISSUES AND PROBLEMS IN SPORT MANAGEMENT. (3) An in-depth analysis of pertinent issues and problems affecting the management of sport and fitness programs. Prereq: Admission to the program or consent from the instructor.

KHP 677 PLANNING HEALTH PROMOTION PROGRAMS. (3) This course addresses principles of planning, designing, implementing, and evaluating health promotion and education programs. Prereq: KHP 673 or instructor's permission.

KHP 683 LEADERSHIP, THEORY, AND PRACTICE IN SPORT AND FITNESS ORGANIZATIONS. (3) This course is designed to provide students with an overview of the leadership/management concepts, skills, and practices utilized in an ever-changing sport and fitness industry. Prereq: Admission to the department or consent from the instructor.

KHP 684 DIVERSITY IN SPORT AND FITNESS ORGANIZATIONS. (3) This course offers an examination of the increasingly prominent diversity-related issues in sport organizations. With references to policy, theoretical frameworks, and a growing body of social science literature, students will explore such issues as, but are not limited to, race/ethnicity, gender, religion, sexual orientation, and disability and the various challenges that have emerged in sport organizations. These information exchanges will ultimately lead us to consider the role of key sport leaders and their strategies (or lack thereof) to promote and effectively maximize the benefits of a diverse workforce. Prereq: Admission to the program or consent of the instructor

KHP 685 SUPERVISION OF SPORT AND FITNESS PERSONNEL. (3) A study of the three major functions of the supervisor: planning, directing and controlling and their application to the area of organized sport. Prereq: Admission to the program or consent of the instructor.

KHP 687 PRACTICUM IN SPORT MANAGEMENT. (3) Practicum in Sport Management, is designed to provide practical experiences in several areas: 1) office routine; 2) office management; 3) record keeping; 4) budget procedures; and 5) involvement in the general program operations. Prereq: Consent from the instructor.

KHP 689 INTERNSHIP IN SPORT AND EXERCISE PSYCHOLOGY. (3) This course is designed for graduate students involved in applied consulting activities in assigned sport or exercise settings. Students in this course agree to follow the ethics code of the Association for Applied Sport Psychology in their practice and will consult with an instructor in a timely way with any ethical-legal issues of concern. Students are also required to engage in 1-hour of supervision (individual or group) for every 10 hours of applied work.

KHP 695 INDEPENDENT STUDY IN KINESIOLOGY AND HEALTH PROMOTION. (1-6) A specific topic in kinesiology and health promotion related to the student's interests and program needs is selected for intensive study. Work to be supervised by a graduate faculty member proficient in the area under investigation. May be repeated to a maximum of 18 credits. Prereq: Consent of instructor.

KHP 720 SPORTS MEDICINE. (3) A study of the basic areas covered in sports medicine with readings and discussions of current international trends in the research and practice in this field. Prereq: Twelve semester hours; credit in the field of biological sciences; consent of instructor. (Same as AT 720.)

KHP 748 MASTER'S THESIS RESEARCH. (0) Half-time to full-time work on thesis. May be repeated to a maximum of six semesters. Prereq: All course work toward the degree must be completed.

KHP 749 DISSERTATION RESEARCH. (0) Half-time to full-time work on dissertation. May be repeated to a maximum of six semesters. Prereq: Registration for two full-time semesters of 769 residence credit following the successful completion of the qualifying exams.

KHP 767 DISSERTATION RESIDENCY CREDIT. (2) Residency credit for dissertation research after the qualifying examination. Students may register for this course in the semester of the qualifying examination. A minimum of two semesters are required as well as continuous enrollment (Fall and Spring) until the dissertation is completed and defended.

PSY 610 PSYCHOMETRICS. (3) Analysis and interpretation of human measurements. The course deals with the application of basic inferential procedures to the analysis and interpretation of psychological data. Required of all graduate students in psychology. Prereq: A course in statistics.

STA 569 APPLIED STATISTICAL METHODS. (3) This course is an introduction to research statistics. Topics include exploratory data analysis, random variables (binomial and normal distributions), estimation of proportions and means, correlation, regression, chi-squared tests, and ANOVA. Examples will be drawn from biomedical or professional applications with analysis illustrated in software common to data analysis. Prereq: MA 109 or consent of instructor.

STA 570 BASIC STATISTICAL ANALYSIS. (3) Introduction to methods of analyzing data from experiments and surveys; the role of statistics in research, statistical concepts and models; probability and distribution functions; estimation; hypothesis testing; regression and correlation; analysis of single and multiple classification models; analysis of categorical data. Prereq: MA 109 or equivalent.

STA 580 BIOSTATISTICS I. (2) STA 580 covers univariate statistical methods commonly encountered in public health studies. This includes descriptive statistics, hypothesis testing, paired and unpaired t tests, ANOVA, contingency tables, log rank test, regression and correlation. Prereq: MA 109 or higher. (Same as CPH 580.)

SW 530 RESPONDING TO MILITARY AND VETERAN POPULATIONS. (3) This course provides an overview of social work practice with military members, veterans, and military families. Students will learn to appreciate the unique experiences and stresses of military members and their families, and resultant implications for helping professionals serving this population. Topics to be covered include: (a) Warfare's historical role in shaping public policy, (b) the military as a distinct subculture of American society, (c) common psychosocial problems and stresses experienced by military members, veterans, and military families, (d) a survey of evidenced-based treatments for common psychopathologies and psychosocial problems experienced by this population, (e) an overview of systems of care serving this population, including the roles of social workers within these systems, and special ethical considerations for social workers serving military and veteran populations. Prereq: Open to graduate and upper division undergraduate students.

SW 772 INTRODUCTION TO QUALITATIVE RESEARCH. (3) The purpose of this course is to introduce you to the fundamental concepts, language, design, and implementation of qualitative research. The history, characteristics, philosophy, and evaluation of qualitative research will also be a focus, as will the "habits of mind and heart" (Rossman & Rallis, 2003, p. xii) that guide qualitative researchers. The unique contributions that qualitative research can make to the knowledge base in your field of study (with an emphasis on social work) will be underscored. Also addressed in the course are the ways the predominant kinds or approaches to qualitative inquiry shape the design of a study. This course will

involve a variety of small and large group discussions and activities, lectures, hands-on activities, and an individual small-scale qualitative research project.